

CURRICULUM VITAE

OF

NICHOLAS HOWARD JENKINS

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GENERAL EDUCATION

School - Cardiff High School

10 'O' Levels in 1972

'A' Levels in 1974

Chemistry Grade A

Biology Grade A

Physics Grade A

MEDICAL EDUCATION

Medical School

Welsh National
School of Medicine

Year of qualification 1980

Undergraduate Distinctions

Biochemistry

Pharmacology

Community Medicine

Psychological Medicine

Undergraduate Prizes

Alfred Hughes Memorial Medal in Anatomy 1976

Jacoby Prize in Anatomy 1977

D.A. Williams Prize in Therapeutics 1980

Scholarship

Wellcome Scholarship in Biochemistry 1975

Postgraduate Degrees

BSc (1st Class Hons) Anatomy	1977
MB BCh	1980
MCh	1989

Postgraduate Diplomas

FRCS (London)	1984
Fellow of the College of Emergency Medicine Medicine (FCEM)	1993

Forensic Medicine

Affiliate Member of the Faculty of Forensic and Legal Medicine	2011
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Postgraduate Prizes

Welsh Surgical Society Prize (Winter Meeting)	1985
Robert Jones Medal and Prize British Orthopaedic Association	1989

GMC Registration

Full Registration since 1.8.81
Registration Number 2639990

Medical Defence Union

Membership number 244701E

CURRENT POST

Consultant in Emergency Medicine, Nevill Hall Hospital
(appointed Consultant in Accident and Emergency April 1991)

Lead Clinician, Emergency Department
Nevill Hall Hospital, Abergavenny

Clinical Teacher in the Academic Department of Medicine,
Cardiff University

PREVIOUS POSTS

House Surgeon in General and ENT Surgery
Consultants: Mr G E Heard and Mr I P Griffiths
University Hospital of Wales and Cardiff Royal Infirmary
1.8.80 - 31.1.81

House Physician
Consultant: Dr J M Swithinbank
Royal Gwent Hospital and St Woolos Hospital, Newport
1.2.81 - 31.7.82

Anatomy Prosector
University College Cardiff
1.9.81 - 31.7.82

Senior House Officer in Accident and Emergency Medicine
Consultants: Mr J Newham and Dr R Evans
Cardiff Royal Infirmary
1.8.82 - 31.1.83

Senior House Officer in General Surgery
Consultant: Mr D A Aubrey
Llandough Hospital, Nr Cardiff
1.1.83 - 31.12.83

Registrar in Traumatic and Orthopaedic Surgery
Cardiff Royal Infirmary/University Hospital of Wales/Prince of Wales

Hospital, Rhydlafer

Consultants: Prof. B McKibbin, Mr R Leyshon, Mr D H R Jenkins,
Mr M H Young, Mr H Weisl, Mr W J Mintowt-Czyz, Mr R K Dutta,
Mr H Harrop-Griffiths, Mr R Gopal, Mr J Hombal

1.1.84 - 30.6.86

Lecturer and Honorary Senior Registrar
Dept. of Traumatic and Orthopaedic Surgery
University of Wales College of Medicine/
South Glamorgan Area Health Authority
1.7.86 - 27.12.87

Registrar in Accident and Emergency
Peterborough District Hospital, Peterborough
Dr J R Glover
28.12.87 - 17.7.88

Senior Registrar in Accident and Emergency
Royal Gwent Hospital/Cardiff Royal Infirmary
Royal Gwent Hospital 18.7.88 - 30.9.90
Cardiff Royal Infirmary 1.10.90 - 31.3.91

OTHER POSITIONS

I am Vice Chair of the College of Emergency Medicine's National Board for Wales.

I am Chairman of the College of Emergency Medicine's Training Standards Committee.

I am an Examiner for the Fellowship examination of the College of Emergency Medicine.

I was the Chair of the Welsh Region's Specialty Training Committee in Emergency Medicine until August 2007.

I was the Welsh Representative of the British Association of Accident and Emergency Medicine 1993 - 1999

I was, until 1999, the Welsh Representative of the Resuscitation Council (UK) Advanced Life Support Course

SERVICE DELIVERY / RISK MANAGEMENT

Since having been appointed Consultant at Nevill Hall Hospital in 1991, and working as a single-handed Consultant for many years, I have personally introduced clinical systems which have resulted in the Nevill Hall Hospital Emergency Department (ED) being recognised as one of the best performing EDs in Wales.

- I have organised working practices with the result that the department is often the highest performing Welsh unit regarding the Welsh Assembly Government (WAG) “4 hour target” (2009 NHH average. = 92.4%, all Wales average = 89.6%; 2010 NHH average = 88.67%, all Wales average = 86.54%)
- Many of the practices that I introduced (e.g. the re-direction of patients to a more appropriate provider) have subsequently been widely adopted and are now regarded as standard practice throughout the NHS
- I have introduced various clinical pathways to ensure optimal evidence-based management of certain conditions (e.g. a clinical pathway for the investigation of the “clinical scaphoid fracture”)
- I have introduced fast-track pathways to ensure timely hospital admission for selected conditions (e.g. blood loss in early pregnancy)
- In 2007-08, as a result of the clinical pathways that I developed, 77% of suitable ‘heart attack’ patients received thrombolysis within 30 minutes of arrival in the ED in 2007-08 (Welsh National average 67%) (4th best performing unit in Wales) (Myocardial Ischaemia National Audit Project)
- The Risk Management systems I have developed ensure a low number of complaints/litigation and this reflects a high quality of patient care
- I introduced and supported the concept of autonomous nurse treatment
- I introduced planned out-of hours Consultant shop floor presence to Nevill Hall Hospital many years before it became routine practice in the UK

- When Clinical Director I introduced practices which resulted in the Royal Gwent Hospital ED exceeding 90% for '4 hour target' for its first time in 2007
- I developed and led a multi-disciplinary (ED, Physiotherapy, Rheumatology and Radiology) Sports Injury Clinic based in the ED. This service increased the quality and time to definitive treatment for this group of patients. My own role in this clinic was the initial assessment of patient, undertaking arthroscopic treatment of knee conditions, and subsequent follow up
- I have introduced procedures / policies into the ED to increase quality and safety for patients and thus, for example, un-planned re-attenders are seen by senior doctors and I introduced the daily review of clinical notes/X-rays allowing for early identification and correction of potential errors
- My management of Nevill Hall Hospital ED has resulted in the following statistics which reflect that the quality of performance and safety of patient care provided is superior to UK average (figures from Health Episode statistics in brackets):
 - Patients who 'Did Not Wait Wait' = 0.42% (3.3%)
 - Patients who died in department = 0.12% (0.2%)
 - Patients re-directed to a more appropriate Health Care provider = 3% (2.4%)

CLINICAL GOVERNANCE

I established and oversaw a programme of Clinical Audit upon my appointment as Consultant in 1991. I led that programme until a colleague assumed the lead role in 2006.

I have continued to lead the audits in relation to thrombolysis in myocardial infarction and also in relation to diagnostic errors (both false-negative and false-positive).

I established the Nevill Hall ED's Clinical Quality Group. This group meets on a regular basis to co-ordinate the department's audits, performance, complaints and litigation with an executive function to initiate any changes of practice required from these outcomes.

MANAGEMENT

I have lead the ED Department of Nevill Hall Hospital since my appointment in 1991. At various times during the period since my appointment and in various management structures I have occupied a Clinical Director position managing the Nevill hall ED, the Royal Gwent and Caerphilly District Miner's Hospital EDs, and also the Trauma and Orthopaedic and Rheumatology Departments in Nevill Hall Hospital.

Between 1999 and 2010 I Chaired the Nevill Hall Hospital's Hospital Clinical Management Group co-ordinating the hospital's clinical/management interface ensuring efficient management and provision of quality patient care.

Other managerial positions / functions have included:

- Wales Representative for the Council of the British Association of Accident and Emergency Medicine (BAEM) 1993-2001. In this position I represented the Wales Emergency Medicine Consultants and implemented BAEM policies to enable EM development in Wales
- As Chair of Specialist Training Committee (STC) for EM in Wales in 2006-07 I was responsible for Emergency Medicine training in Wales and in 2007 implemented Modernising Medical Careers (MMC) for Emergency Medicine
- I am Aneurin Bevan Health Board's Clinical Lead for Minor Injury Units (MIU) developing the MIUs to provide quality Emergency Care in geographical proximity to patients' needs. I have been involved in development of two new hospitals (Ysbyty Aneurin bevan and Ysbyty Ystrad Fawr) providing MIU services
- I have been Vice Chair of the Wales National Board of CEM since 2009 and in this position have represented Emergency Medicine to the Welsh Assembly Government, particularly with regard to quality indicators/metrics and workforce planning
- As Chair of the College of Emergency Medicine's Training Standards Committee (TSC) I am involved in discussions with the Department of Health, Medical Education England and the Centre for Workforce Intelligence regarding manpower planning especially with regard to UK Emergency Medicine Middle Grade issues, trainee numbers and Consultant expansion

COURSES ATTENDED

Accident and Emergency Course, Edinburgh	1988
Management Courses for Senior Registrars (run by Cardiff Business School)	1989 & 1990
Advanced Trauma Life Support Course, Glasgow	1990
Advanced Cardiac Life Support Course (ALSG)	1990 & 1993
Advanced Paediatric Life Support Course (ALSG)	1992
ALSG Instructors Course	1993
Advanced Trauma Life Support Course, Jersey	1995
Advanced Trauma Life Support Instructors Course	1995
Medical Emergencies, the practical approach (MedicaALS)	1999
Lord Woolf's Reforms for Experts	1999
Excellence in Report Writing. Bond Solon.	Jan. 2001
Courtroom Skills Training. Bond Solon.	Jan. 2001
The Cross Examination Day. Bond Solon	Dec. 2003
Law & Procedure 1. Bond Solon.	Feb. 2004
Law & Procedure 2 (Civil Procedure Rules). Bond Solon.	Feb. 2004
Hospital major Incident and Support. Provider Course. ALSG.	Jan. 2006
BestBETS course on critical appraisal. ALSG.	March 2006
College of Emergency Medicine, Examiners' Training Day	June 2006
Excellence in Report Writing	Dec. 2006
Training the Trainers	Jan. 2007

Equality and Diversity Training	Jan. 2007
Clinical Directors' Training	April 2007
Consultant Appraisal Training	June 2007
The Voice of Authority for Experts	Oct. 2007
Writing Expert Reports in Clinical Negligence Cases	Nov. 2008
Professional Development in Education (Wales Deanery) (Giving feedback)	Aug 2009
Professional Development in Education (Wales Deanery) (workplace Based assessments)	Aug 2009
Equality, equal opportunities and human rights (London Deanery)	Aug 2009
Professional Development in Education (Wales Deanery) (Careers Support)	Sept. 2009
Recruitment skills for Consultants	Sept. 2009
Essentials for Educational Supervisors (Wales Deanery)	Oct. 2009
MedicALS course (recommended as Instructor)	June 2010
Bond Solon Civil Procedure Rules for Expert Witnesses Certificate	May 2011
Foundation Course in Clinical Forensic Medicine	Sept/Oct 2011

MEDICO-LEGAL EXPERIENCE

I was awarded 'The Certificate of Expert Witness Accreditation' by Bond Solon / Cardiff University, March 2004.

I have the Bond Solon Civil Procedure Rules for Expert Witnesses Certificate (May 2011)

I have undertaken medico-legal work since 1988, producing reports primarily for Solicitors in personal injury cases, e.g. road traffic accidents, injuries at work, etc. I currently examine an average of eight clients per week and my waiting list is approximately four weeks, although I can see clients at very short notice if required.

I am a Member of the Faculty of Expert Witnesses for Doctors (since 2011).

The approximate ratio of work for Claimant : Defendant : Joint Instruction is of the order of 94 : 5: 1 %

MEMBERSHIP of SOCIETIES etc.

AvMA (action against medical accidents)

I am an Expert on the AvMA Medical Expert database

Medico-Legal Society (Royal Society of Medicine)

I am a member of the Medico-Legal Society

APIL (Association of Personal Injury Lawyers)

I am listed in the APIL Expert database

Expert Witness Directory

I am listed in the Expert Witness Directory

Wales Medico-Legal Society

TEACHING and TRAINING

Provision and development of teaching:

When I was appointed an Consultant to the Nevill Hall Hospital ED in 1991 I developed and implemented a regular teaching programme for the junior medical staff. The Department was subsequently described by the Post-Graduate Centre as an “educational oasis”.

I continue to regularly teach, both formally and informally, doctors of all grades, medical students, nurses and paramedics.

I organised and directed the first Advanced Life Support, ALS (then Advanced Cardiac Life Support, ACLS) and Advanced Paediatric Life Support (APLS) courses to be held in Gwent in 1993 and 1995 respectively. These course were, and continue to be, run under the umbrellas of the Resuscitation Council (UK) and the Advanced Life Support Group. I directed the majority of these courses, held at least annually and often twice per year, for Nevill Hall Hospital until 1999 and thereafter directed the majority of the Gwent Healthcare NHS Trust’s (subsequently Aneurin Bevan Health Board) ALS, APLS and ATLS (Advanced Trauma Life Support) courses (total 8/year) until 2009. I continue to direct the Health Board’s ATLS courses.

I am a certified ALS, APLS, and ATLS Instructor and regularly teach on these courses throughout the UK. I have also taught abroad, having regularly taught in Jersey. In 1995 I taught on a World Health Organisation organised ALS course in Cyprus, the course being delivered to both Greek and Turkish Cypriots. Further, in that same year, I organised and directed an ALS course in Lanzarote, the course being run for UK candidates and the organisation including the provision of transport for candidates and faculty, the provision of accommodation and also of the necessary equipment.

I estimate that approx. 1500-2000 doctors, nurses and paramedics have achieved certification at Provider level in the various ALS/APLS/ATLS courses that I have personally directed and many more have achieved this certification on courses in which I have personally taught. This training ultimately translates into the provision of a high quality of care to patients.

Until 1999 I made arrangements between the Management of Nevill Hall & District NHS Trust and Jersey Hospitals for all of the Trust’s Consultant

Anaesthetists, Surgeons and Orthopaedic Surgeons to attend, and gain qualification in ATLS.

During 1994-98 I was the Wales representative of the Resuscitation Council (UK)'s ALS courses. In this role I oversaw and monitored the standards of such courses throughout Wales.

Developing teaching skills in others:

I developed a base of certified Instructors in the various Resuscitation disciplines (ALS, APLS, ATLS) in the Nevill Hall Hospital ED thus allowing courses to be run internally within the ED and for all permanent ED staff to become certified as Providers in the disciplines.

I have taught as an Instructor on the various Resuscitation Instructor Courses (Training the Trainers courses). I estimate that approximately 200 doctors, nurses and paramedics have qualified as Instructors on courses on which I have taught.

I co-ordinated and hosted the first College of Emergency Medicine's Examiners' workshop to be held in Wales, thus developing future College of Emergency Medicine Examiners for both the Membership (MCEM) and Fellowship (FCEM) examinations.

Involvement in examinations:

I have been an Examiner for the College of Emergency Medicine's Fellowship (FCEM) examination since 2007 and have examined in each diet (twice yearly) since that time. The examination is the College's 2exit2 examination and is an essential pre-requisite for the award of Certification of Completion of Training (CCT).

As an examiner:

- I examine on Clinical Examination (OSCE) stations, Academic stations (Critical Appraisal of literature and also examination of candidates' Clinical Topic Reviews (CTRs) (critical reviews of literature and the investigation / management of emergency conditions)

- I have contributed questions to the Fellowship exam's written section

- The preparatory work involved is approximately 20 hours for each diet of the examination and includes the review of candidates' reviews of emergency management of various conditions requiring approx. 3 hours literature review and assessment per candidate (6-12 candidates per year)
- I also regularly assess/examine Instructors and potential Instructors on Resuscitation training courses in relation to determine their position as formal Instructors

Contribution to audit and Quality Assurance of teaching programmes:

I was a founding member of the Wales Specialty Training Committee (STC) for Emergency Medicine, the committee overseeing Emergency Medicine training in Wales and monitoring the progress of individual trainees. I chaired the committee 2006-07 and was responsible for organising/monitoring the training of Specialty Registrars (SpRs) in Emergency Medicine in Wales (approx. 30 SpRs), and for making recommendations for these trainees receiving their Certificate of Completion of Training (CCT).

As Chair of the STC I was a member of the College of Emergency Medicine's Training Standards Committee (TSC) and was elected Honorary Secretary of that Committee in 2007, a post I held until assuming Chair of the Committee in 2010. As Honorary Secretary I was responsible for the registration and enrolment of trainees in Emergency Medicine throughout the UK (I enrolled approx. 800 trainees), this work entailing ensuring that their previous training was of adequate quality and calculating their dates for the award of CCT (including re-calculations resulting from Maternity Leave, Less than Full-Time Training, lack of progress etc.).

I have chaired the Training Standards Committee since 2010 and during that time:

- I have been responsible for setting and monitoring the standards and quality of EM training throughout the UK (approx. 1000 trainees)
- I work with other Medical Royal Colleges (MRC) in development and Quality Assurance of training programmes

- I work closely with Academy of MRC and GMC in ensuring Quality Assurance of training
- I work with the CEM's Exam and Education Committee and with GMC in the development and update of the CEM curriculum
- The TSC oversees the assessment of past experience and subsequent recommendation of non-trainees for the Certificate of Eligibility for Specialist Registration (CESR)
- I work with Department of Health regarding recruitment into the Specialty and with Medical Education England / the Centre for Workforce Intelligence regarding manpower planning

ACADEMIC ACTIVITIES

I have a strong academic background and one of the first EM Consultants in the UK to hold a Master's degree (MCh). Whilst my current commitments are primarily directed towards service and to training I have maintained academic activity as follows:

- I personally developed a tool to assist the assessment of cervical spine radiographs in trauma. This has proved popular with doctors throughout the UK
- I currently oversee and advise non-training grade doctors in Nevill Hall Hospital ED in their liaison with All Wales School of Emergency Medicine in development of an all-Wales Research Collaborative in EM. This will allow for multi-centre research projects to be undertaken in Wales
- I oversee the work of EM trainees in Nevill Hall Hospital ED in producing evidence-based guidelines and thus ensure optimal patient care. The work identifying the optimal investigation of a certain ligamentous injury of the thumb was presented at the CEM 2009 Research Conference
- I recently published work regarding evidenced based treatment and investigation of 2 separate wrist injuries

I also a reviewer of scientific articles for the Emergency Medical Journal

Book Reviews

Current management of scaphoid fractures. Twenty questions answered.. N Barton.

Emergency Medicine Journal. **21** (2), 266 – 267. 2004

COMMUNICATIONS TO LEARNED SOCIETIES

As a member of the Welsh Surgical Society and whilst an Associate member of the British Orthopaedic Association I have regularly presented, or been involved in the presentation of, my research interests at their meetings. The presentation of the external fixation of Colles' fractures at the Welsh Surgical Society Winter Meeting 1985 was awarded the Society prize.

Morgan WP, Jenkins NH, Lewis P and Aubrey DA. The management of obstructing carcinomata of the left colon by extended right hemicolectomy. Welsh Surgical Society. November 1983.

Jenkins NH, Morgan WP and Aubrey DA. An unusual pancreatic metastasis. Welsh Surgical Society. November 1983.

Aubrey DA, Jenkins NH, Morgan WP and Thomas M. The use of Setopal chains in abdominal surgery. Welsh Surgical Society. November 1983.

Jenkins NH, Jones DG and Mintowt-Czyz WJ. The external fixation of Colles' fractures. Welsh Surgical Society. November 1985.

Mintowt-Czyz WJ, Jenkins NH and Fairclough JA. The irreducible dislocation of the distal radio-ulnar joint. British Orthopaedic Association. Southampton 1986.

Jenkins NH, Jones DG and Mintowt-Czyz WJ. The external fixation of Colles' fractures: a controlled clinical trial. British Orthopaedic Association. Southampton 1986.

Jenkins NH, Jones DG and Mintowt-Czyz WJ. The role of external fixation in the treatment of Colles' fracture: South West Orthopaedic Club. Swansea. May 1987.

Jenkins NH, Jones DG and Mintowt-Czyz WJ. The role of external fixation in treating the Colles' fracture: British Orthopaedic Association, Plymouth, 1988.

Jenkins NH, Lavis MS. An aid to the interpretation of the cervical radiograph. British Trauma Society, Oxford, 1993.

PUBLICATIONS

Jenkins NH. Avoidance of tracheostomy in sleep apnoea syndrome. *British Medical Journal* 285, 648, 1982 (Communications).

Aubrey DA and Jenkins NH. Septotal chains in soft tissue infection. 13th International Congress of Chemotherapeutics. Local treatment of bone and soft tissue infection using antibiotic releasing carriers. Pp 79-83, Vienna 1983. Spitzky KH and Karrer K.

Aubrey DA, Morgan PW, Jenkins NH and Harvey J. Treatment of the perineal wound after proctectomy by intermittent irrigation. *Archives of Surgery* 119, 1141-1144, 1984.

Morgan WP, Jenkins NH, Lewis P and Aubrey DA. Management of obstructing carcinoma of the left colon by extended right hemicolectomy. *American Journal of Surgery* 149, 327-329, 1985.

Aubrey DA, Jenkins NH, Morgan WP and Thomas M. The use of Gentamicin-PMMA chains and abdominal surgery: a pilot study of prophylaxis against wound infection. *Parmacothereapeutica* 4 (8), 536-540, 1985.

Jenkins NH and Mintowt-Czyz WJ. Compression of the biceps-brachialis compartment after trivial trauma. *Journal of Bone and Joint Surgery (Br)* 68-B, 374, 1986.

Jenkins NH and Jones DG. Simultaneous Colles' and scaphoid fractures: Treatment by combined internal and external fixation. *American Journal of Emergency Medicine* 4, 229-230, 1986.

Jenkins NH and Aubrey DA. Metastases to the spermatic cord: route of spread. *British Journal of Sexual Medicine*, 13, 176-177, 1986.

Jenkins NH AND Mintowt-Czyz WJ. Bilateral fracture-separations of the distal radial epiphyses during weightlifting. *British Journal of Sports Medicine*. 20, 72-73, 1986.

Jenkins NH, Freedman LS and McKibbin B. Spontaneous regression of a desmoid tumour. *Journal of Bone and Joint Surgery (Br)* 68-B, 780-781, 1986.

Jenkins NH, Mintow-Czyz WJ and Fairclough JA. Irreducible dislocation of the distal radioulnar joint. *Injury* 18, 40-43, 1987.

Mintowt-Czyz WJ, Jenkins NH and Fairclough JA. Irreducible dislocation of the inferior radio-ulnar joint. *Journal of Bone and Joint Surgery (Br)* 69-B, 152-153, 1987.

Jenkins NH, Jones DG and Mintowt-Czyz WJ. The external fixation of Colles' fractures: a controlled clinical trial. *Journal of Bone and Joints Surgery (Br)* 69-B, 152, 1987.

Jenkins NH, Jones DG and Johnson SR and Mintowt-Czyz WJ. External fixation of Colles' fractures: an anatomical study. *Journal of Bone and Joint Surgery (Br)* 69-B, 207-211, 1987.

Jenkins NH, Mintowt-Czyz WJ, Graham GP and Jones D G. New problems in old bones: Closed nailing of the femoral shaft. *Injury* 18, 274-277, 1987.

Jenkins NH and Mintowt-Czyz WJ. Mal-Union and Dysfunction in Colles' fracture. *Journal of Hand Surgery* 13B, 291-293, 1988.

Jenkins NH, Jones DG and Mintowt-Czyz WJ. External fixation and recovery of function following fractures of the distal radius in young adults. *Injury* 19, 235-1988.

Jenkins NH and Mackie IG. Late rupture of the extensor pollicis longus tendon: the case against attrition. *Journal of Hand Surgery* 13-B, 448-449, 1988.

Jenkins NH. The unstable Colles' fracture. *Journal of Hand Surgery*, 14-B, 149-154, 1989.

Jenkins NH, Jones DG and Mintowt-Czyz WJ. The role of external fixation in treating the Colles' fracture. *Journal of Bone and Joint Surgery (Br)* 71-B, 340, 1989.

Jenkins NH and Lavis MS. An aid to the interpretation of the cervical radiograph. *Injury* 25 (Supplement 2), S-B20-21, 1994.

Lavis MS, McCarthy S and Jenkins NH. The continuing need to formalise pre-hospital triage, highlighted by a case of unusual injury. *J. Accident and Emergency Medicine*, 12, 206-207, 1995.

Dawson LK and Jenkins NH. Fatal intra-abdominal injury associated with incorrect use of a seat belt. *J Accident and Emergency Medicine* 15(6), 437-438, 1998 (letter).

Jenkins NH. Treatment of dorsal chip fractures of the triquetrum.
<http://www.bestbets.org/bets/bet.php?id=1649> 2008

Jenkins NH. The management of bone bruising of the scaphoid.
<http://www.bestbets.org/bets/bet.php?id=1650> 2008

Guy K and Jenkins NH. Assessment of Acute Ulnar Collateral Injury of the Thumb. Poster presented at College of Emergency Medicine Autumn Conference 2009